



Río de Agua Viva Team
June 1-8, 2024
Atlántida y Las Islas Bahía, Honduras

Mission Statement: The [Alabama Honduras Medical Educational Network](#)'s Río de Agua Viva team builds long-term relationships with local Honduran leadership to promote sustainable education and community development focused on youth and women's empowerment.

Schedule

June 1: Arrival by plane to Honduras via San Pedro Sula or Roatan Airports

Team members will arrive and spend the night at [Villa Helens](#) in Sambo Creek or [Bananarama](#) on Roatan Island. All members staying in Roatan the first night will check into Villa Helens the next day. Transportation from airports to lodging will be pre-arranged.

June 2: Team Debriefing, Lesson Practice, and Cultural Welcome Celebration

Team members arriving from Roatan will meet with the rest of the team at Villa Helens for an arrival lunch and debriefing. We will practice our teaching lessons with our interpreters and attend a welcome festival hosted by the Jutiapa Youth Network

June 3-5: Community Development Lessons

The Río team will teach our lessons in rotating fashion with the following groups:

- *La Red de Jovenes de Jutiapa (Jutiapa Youth Network)*
- *La Red de Mujeres de Jutiapa (Jutiapa Women's Network)*
- *Agentes Comunitarios de Salud Integral (Community Health Agents)*
- *Movimiento Juventud de Nueva Armenia (Youth Movement of Nueva Armenia)*

Over the course of three days, each one of our groups will "teach the teacher" in each location to equip the local leadership to replicate the same lessons throughout the next year. You will teach so that your students are able to re-teach the lessons on June 6, ideally with a deliverable project to be presented. Lunch will be provided onsite or at Villa Helens between lessons.

June 6: AM Graduation and PM Ferry to Roatan

We will visit each one of our sites one final time in order to allow our students to re-teach their lessons back to us. Afterward, students will receive certificates of completion, and we will depart for the afternoon ferry for Roatan island.

June 7: Fun in the Sun

Team members may spend their time however they may choose. This day is all about preparing to re-enter society, make a plan for how to stay involved in Honduras with AHMEN, and unwind after a week of hard work.

June 8: Return Home

Teaching Topics

- Advanced Technology (Drones, Robotics, 3-D Printing, Coding)
- Microbusiness/Microloan
- Human Rights (Women and Children)
- Clean Water Culture from Kindergarten to the Retirement Home
- Water Safety and Lifeguarding
- Community Gardening and Compost
- Baking and Bake Sales

To sign up, BUY YOUR PLANE TICKET! You should also send in your full team fee of \$1000 or reserve your spot with a minimum \$100 deposit online at ahmen.org. You may also send in a check made out to "AHMEN" with "Rio Team" on the "For" line and addressed to AHMEN/Andrea Nuss 287 Tommy Robinson Rd. Jasper, AI 35504. Team members must be paid in full one month prior to departure. Here is a way to break down your team fee into payments:

Feb 22 - \$100

March 22 - \$500

April 22 - \$400